

# Heart Healthy Menu Choices

## Minestra

Fresh spinach and Escarole sautéed with Cannellini beans, roasted garlic, and a touch of marinara. \$6.95

## Vongole e Cozzi

Fresh Mussels and Littleneck clams steamed in a broth of garlic, fresh herbs, and marinara. \$9.95

## Prodotto

Fresh Pear slices, dried berries, tomato, gorgonzola, toasted walnuts, red onions, tossed mixed greens in a balsamic vinaigrette. \$9.95

## Branzino

Sea bass roasted with fresh herbs, wild mushrooms, olives, tomatoes, cannellini beans, and onions. On a bed of Gemelli pasta. \$23.95

## Raccolto

Marinated zucchini, roasted peppers, eggplant, and spinach, tossed with linguine, roasted garlic, marinara and basil. \$12.95

## Salmone

Seared salmon, artichoke hearts, olives, roasted red peppers, white wine reduction over risotto. \$17.95

## Pappardelle

Grilled chicken tossed with sundried tomatoes, asparagus, and artichoke hearts, in a roasted garlic tomato sauce with wide ribbon pasta. \$15.95



eatdrink**BELLINI'S**